

COVID-19 TIME CAPSULE

WHAT IS A TIME CAPSULE?

A container holding items representing the **present** that is meant to help people who open it in the **future** get a glimpse of what life was like when it was assembled.

WHY COVID-19?

You are living during a **once-in-a-hundred years pandemic** that has the world in its grip and is sure to be studied for generations to come. Help people understand what it was like!

CONTAINER IDEAS - DECORATE & LABEL

Cardboard Box

Storage Bin

Disinfecting Wipes Canister

Bucket

WHAT GOES IN? BE CREATIVE! A FEW IDEAS:

Face masks: DIY instructions, pictures of family wearing, one or two homemade and/or purchased face masks, original face mask themed artwork

Toilet Paper Roll, Hand Sanitizer Bottle, Disinfecting Wipes Canister

Favorite New Recipe(s): recipe cards, pics making them, family members' responses to new food(s)

News - clippings/printouts from magazines, newspapers, other news outlets

Movies/shows: you've watched (keep a running tally)

Photos and Drawings, Arts and Crafts

Homework Lesson(s): your favorite, your least favorite

Receipts: Grocery store, delivery, fast food pick-ups

Games: list of what you've played, pics, tally sheet(s)

Map of your neighborhood - go on a walk, draw and/or write *all the details*

Letters: to future self, children, grandchildren; from parents, grandparents, teachers